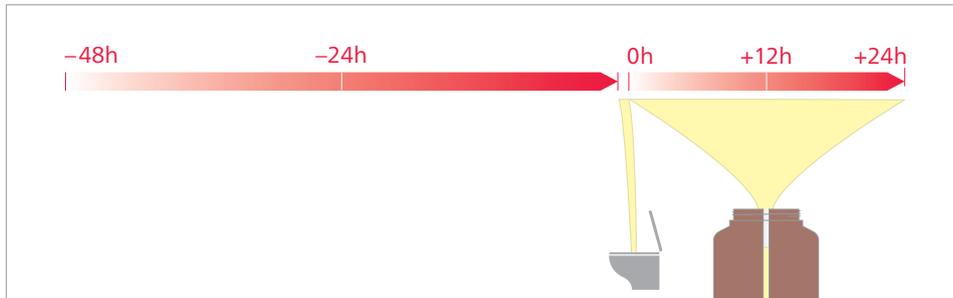


Urine – chemistry analyses: dietary precautions



Urine collection

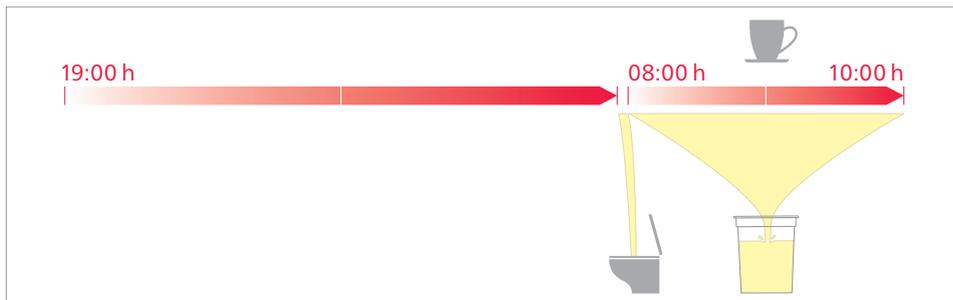
Comply with diet requirement 48h before sampling start

Oxalic acid

forbidden - 48h	Rhubarb, tomatoes
forbidden - 24h	Cucumbers, chocolate, black tea, asparagus, spinach, vitamin C-containing preparations

5-OH indole acetic acid

forbidden - 24h	Pineapples, aubergines, avocados, bananas, capsaicin-containing foods (peppers, peperoncini, chili, pepper, tabasco), currants, coffee, kiwi, melons, mirabelles, nicotine, nuts, plums, chocolate, black tea, gooseberries, tomatoes, vanilla-containing foodstuffs, prunes
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Urine collection

On day before starting the collection: supper before 19:00 h according to dietary precautions

Calcium

forbidden before 19:00 h	Ice cream, yogurt, cheese, jam, milk, pudding, cottage cheese, cream, candy, sugar
permitted	2 x tea without milk between 08:00 h and 10:00 h Beans, bread, eggs, peas, potatoes, fruit, vegetable salad, salad dressings (without bouillon and without dairy ingredients)

Shipping material:

Please label with name, first names and date of birth of the patient